

Why Choose us?

As a family focused dental practice we are dedicated to developing an ongoing relationship with our patients based on sound advice, education and preventative techniques. We want your teeth to last a lifetime, the less treatment the better.

Every patient is treated as an individual rather than a number. We do not rush patients in and out in a hurried uncaring fashion.

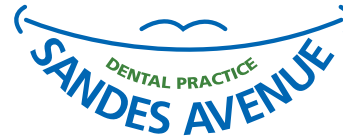
We continually invest in the practice which has high-tech treatment rooms. Patients can look forward to the very latest in dental technology, including digital cameras as well as innovative drill-free equipment which virtually eliminates the need for injections.

Benefits include:

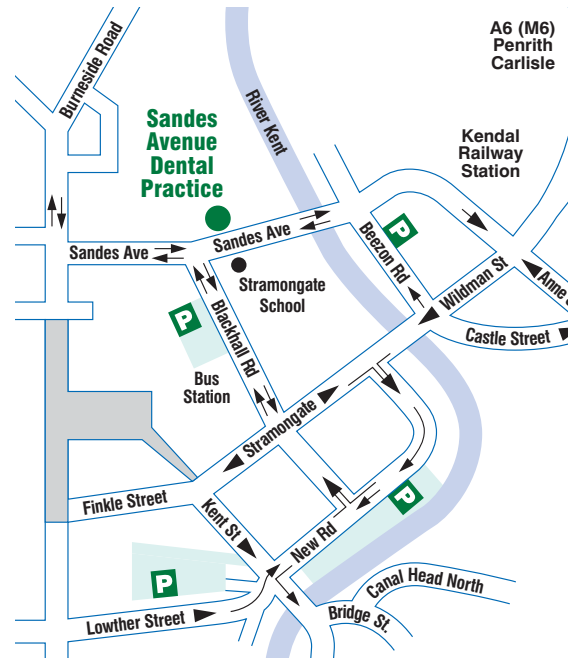
- Sensible time slots for appointments, removing that 'rushed' feeling
- Professional, relaxed, friendly UK qualified team
- Preventative advice reducing the need for future treatment and saving you money
- Full range of treatments including crowns, dentures, white composite tooth fillings and root canal treatments.
- Prime time early morning and evening appointments
- Latest technology, intra oral digital cameras
- One visit Tooth Whitening
- Facial skin, lip and frown line enhancements using Botox® and Restylane®
- Free appointment reminder phone calls
- Oral cancer screening
- Detailed estimates prior to work being performed

We offer both a **Dental Membership Plan** AND **Pay-as-you-go** payment schemes, see inside for details.

Call 01539 739911
or visit kendal-dentists.co.uk



How to find us:



Our opening hours:

Monday to Friday 8.30am - 5.15pm
Wednesday 8.30am - 7.30pm. Late evening appointments

Saturday and Sunday:
Emergency cover by qualified dentist.

Call 01539 739911
or visit kendal-dentists.co.uk

5 Sandes Avenue, Kendal. LA9 4LL.

Sandes Avenue Dental Practice

Family dental care in relaxed surroundings



Welcome to Sandes Avenue Dental Practice

Our aim is to provide high quality care and treatment in a relaxed, comfortable and safe environment.

We promise to treat you as an individual in the same way we expect to be treated as patients ourselves.

We are committed to continuing education and keeping up-to-date with the changes in modern dentistry. Most of all we encourage preventative techniques.

This helps you to understand how to maintain the health of your mouth and gums, keeping them free from tooth decay and gum disease, thereby reducing the need for future treatment.



“by working together we can reduce the need for future treatment”

Dr Jennifer A Richards.
Sandes Avenue Dental Practice



Our Dental Membership Plan

We believe regular six monthly visits to the dentist is the best way to care for your mouth and gums.

We also appreciate the need to budget for routine care costs. This is why we invite you and your family to join our Dental Membership Plan from just **£12 per month**.

Whats included as part of the Dental Membership Plan?

GOLD PLAN £12 per month an adult receives:

- 2 x Check ups
- 2 x 20 min hygiene visits
- up to 2 X-rays per year

PLATINUM PLAN £18 per month an adult receives:

- 2 x Check ups
- 4 x 20 min hygiene visits
- up to 2 X-rays per year

AND If you choose to join our scheme you also receive up to 20% off treatments such as fillings or extractions. (excludes cosmetic treatment, implants and orthodontic treatment).

Children (under 16 years) £6.00 per month. Children 2 years and under are free.

Joining our Dental Membership Plan is easy. Simply complete a standing order mandate with our Practice details.

We can help you with this form and have copies at the practice. Just remember to bring your bank account details with you.

We are also more than happy to see patients who prefer to pay per visit. We offer a **Pay-as-you-go** scheme, example costs are shown in the table below.

The first appointment for new patients wanting to register with the practice normally takes 30 minutes. It includes a thorough check up and X-rays if required, at a cost of £58 per adult.

Treatment Costs

Treatment	Pay-as-you-go	Dental Care Plan
Routine Recall Examination	£35.00	FREE up to 2 per year
Scale and Polish as separate visits	£39.00	FREE up to 2 per year
X-Rays	£10.00	FREE up to 2 per year
Fillings	from £36.00	from £30.00
Extractions	from £86.00	from £68.00

Meet the Dental Team



Dr Jennifer A Richards BDS

Qualified in 1986 at Cardiff University Hospital of Wales. She moved to Cumbria in 1990 where she lives with her husband and 3 children. Jennifer has over 22 years

experience in general dental practice and has developed a relaxed yet professional approach with patients, listening to and acting on their individual needs.

Dr Melanie R Yates BDS

Melanie completed her dental qualification in Australia in 1988 after studying initially at Sheffield University. She has a particular interest in preventative dentistry.

Melanie has a friendly, professional approach.



Dr Heather Scarrott BDS

Heather qualified from Dundee University in 1989, where she also completed an additional 6 month secondment in prosthetics. She initially worked in general

practice in Staffordshire before moving to Kendal in 1995.

Dr David Fisher BDS MFDS RCPS

David qualified from Liverpool University in 1998 spent several years working in various hospitals in the North West, specialising in Oral Surgery and IV Sedation.



Dental Therapist Lisa Firth DIP HYG/THER

Lisa has recently qualified from Liverpool University Dental School, where she completed one of the new dental therapist courses.

Dental therapists can undertake “hygienist type” work, perform some fillings and other procedures.